



HOME STAR

In-Home Health Care

Rehab Support & Assistance

Call us today: 519-777-9636

One of the leading causes of hospital re-admission or slow post-hospitalization recovery is the lack of proper support following a hospital discharge. In-home care is a key resource for a safe and successful recovery process.

Our Transition Package/Service

- ✓ Consultation and personalized Care Plan
- ✓ Errands, grocery shopping, prescription pick-up, housekeeping
- ✓ Meal preparation and nutrition
- ✓ Rehabilitation reminders, physical and emotional support and companionship
- ✓ Transportation to rehabilitation sessions, doctor appointments and personal events
- ✓ Regular status updates to/from the care team and family

Basic Personal Care Assistance

- ✓ Assistance with mobility and simple transfers
- ✓ Bathing, dressing and grooming assistance
- ✓ Medication reminders
- ✓ Toileting and incontinence care
- ✓ Status reporting to family
- ✓ Safety and fall prevention



- The first 72 hours following a procedure or hospital stay represent a critical and vulnerable time for the patient, often involving a new diagnosis and changes in daily habits, required medications, meal regimens, rehab exercises and more.
- Non-medical home care provides the monitoring, reminders and emotional support to help the individual recover successfully at home.

Servicing all of Oxford County and Middlesex County - 519-777-9636
-Post Surgery Care- www.homestarservice.ca -Personal Care-